

9. **Seek immediate advice from your doctor if you show signs of fever within 10 days of having contact with poultry, farmed birds, wild birds or other animals.**
10. If it is suspected that you have been exposed to avian influenza, your local Public Health Department will also be in contact to carry out a risk assessment and you may be advised to take an anti-viral medicine called oseltamivir (Tamiflu) which is used to prevent and treat influenza. Further advice on avian influenza in humans is available on the [HPSC website](#).
11. Stay informed of the H5N8 and other AI viruses that might be present in waterfowl during the hunting season.

#### **Reporting unusual sick or dead birds**

1. Report any unusual sick or dead birds to the NARGC, [Regional Veterinary Office](#) or avian influenza helpline (076 106 4403).
2. If it is necessary to handle dead wild birds, use disposable or rubber gloves and/or a plastic bag. Dispose of the gloves carefully or wash them in soap and water after use.
3. Dead birds being submitted for avian influenza testing must be double bagged and properly labelled with contact details.

#### **Restrictions on shooting and release of game birds**

1. Shooting and release of game birds may need to be restricted if they create a significant risk of disease spread through dispersal of birds, or presents a significant risk to human health.
2. European Legislation requires all shooting to be banned within 10km of a finding of a highly pathogenic avian influenza (H5N1 subtype) infected wild bird.
3. European Legislation requires the release of game birds to be banned within 10km of a finding of a highly pathogenic avian influenza in poultry.

#### **Dogs, cats and avian influenza**

1. Dogs are susceptible to canine influenza viruses but are not usually susceptible to avian influenza viruses.
2. There has been one report of a dog in Thailand becoming sick 5 days after eating a duck, and died the following day.
3. Experimentally it has been shown that dogs can be infected, but they did not show any signs of sickness.
4. Cats are known to be susceptible to avian influenza viruses. They need to be in contact with waterfowl, poultry, or uncooked poultry that are infected.